

ARUN WELLBEING AND HEALTH PARTNERSHIP (AWHP) MINUTES

Date: Wednesday 20 February 2019
Time: 2 – 4 pm
Venue: Committee Room 1, Arun Civic Centre
Chair: Hilary Spencer, Chief Executive, VAAC

Present:

Hilary Spencer (Chair of the AWHP and Chief Executive, Voluntary Action Arun and Chichester), **Claire Dower** (Arun Wellbeing, Information Officer) **Joy Bradbury-Ball** (Senior Wellbeing Officer, Arun Wellbeing) **Holly Yandall** (Public Health Lead, West Sussex County Council), **(Maxine Thomas** (Service Manager, Coastal West Sussex Mind), **Russell Tooley** (Wellbeing Services Manager, ADC), **Kirsty Ware** (Team Manager, Peabody), **Jayne Haywood** (Co-ordinator, Peabody), **Lydia Schilbach** (Locality Team Lead – WSCC), **Hilda Sherwood** (Development Manager, VAAC), **Kathy Burke** (Carers Service Manager, Carers Support West Sussex), **Jacqueline Clay** (Research Unit Manager, Public Health WSCC), **Susan Brigstock-Parker** (Age UK West Sussex) **Carrie Reynolds** (Community Development Manager, Freedom Leisure), **Sam Johnson** (Fitness & Wellbeing Manager, Freedom Leisure), **Sarah Parker-Hatchard** (Fitness & Wellbeing Manager, Freedom Leisure) **Sharon Russell** (Service Lead Nurse – PAT) **Gary Hardley** (Age UK West Sussex) **Ian Cheesman** (Sussex Police Arun & Chichester)

Apologies:

- **Michaela Hawkes** (Regis LCN Development Manager, NHS Coastal West Sussex Clinical Commissioning Group) **Jim Bartlett** (WSCC) **Robin Wickham** (Group Head Community Wellbeing – ADC)

Minuted by: **Claire Dower**

1. **WELCOME, INTRODUCTIONS & APOLOGIES FOR ABSENCE**

Hilary Spencer welcomed everyone to the meeting, gave the received apologies and members introduced themselves. **Hilary Spencer** introduced Hilda Sherwood who will take on her role of Chief Executive of Voluntary Action Arun and Chichester. **Holly Yandall** thanked Hilary on behalf of the partnership for her many years of chairing the AWHP. Holly will be taking on the role of chair at future meetings.

2. **REPORT BACK FROM PREVIOUS MEETING/MATTERS ARISING**

No Matters Arising.

3. **REGIS SOCIAL PRESCRIBERS**

Susan Brigstock-Parker gave a presentation on the Regis Social Prescribers (**Attached to these minutes**)

Hilary Spencer commented that it was interesting to see the different organisations that the social prescribers referred clients to and asked Susan to let the partnership know if there are any gaps in the range of services. She raised concerns about the capacity of the sector and the lack of resources provided.

Susan Brigstock-Parker mentioned that they have had a few inappropriate referrals of clients with mental health; they are unable to support these clients.

Hilary Spencer asked if any feedback has been collected from those that have used the service.

Susan Brigstock –Parker replied that they are using the 5 Ways to Wellbeing chart at the first session and then 6 weeks later.

Carrie Reynolds asked how the service has received so many referrals from GPs.

Susan Brigstock- Parker said the reason referrals are so high is because the service is funded by them and they work in partnership together, the social prescribers are mainly based in GPs surgeries.

Russell Tooley commented that the Arun Wellbeing focus is shifting over the next few years to concentrate on working to help people from deprived wards and he wanted to know how they can develop links to Social Prescribers and GPs.

Hilary Spencer suggested that a one off meeting with the Social Prescribers should be arranged to help with this.

Susan Brigstock-Parker agreed to arrange setting this meeting up

Hilary Spencer said that she will contact Luca at the Citizens Advice Bureau as they are leading on getting Social Prescribing set up for REAL (Rustington, East Preston, Angmering and Littlehampton) she will send an update to the partnership once she has received some information.

Hilary Spencer mentioned that Social Prescribing is identified in the long term NHS plan and will be rolled out nationally in the future with at least one social prescriber based at every GP surgery.

Susan Brigstock-Parker The Regis social prescribers have had funding for a one year pilot but funding has already been secured for the year after.

Jacqueline Clay asked if they collect information about long term conditions, **Susan Brigstock-Parker** said they do not currently record this but would be interested to collect this information in the future.

Joy Bradbury Ball asked what the main issues are for clients; **Susan Brigstock-Parker** said the main issues are currently debts, social isolation and housing issues.

ACTION: HILARY SPENCER

ACTION: SUSAN BRIGSTOCK-PARKER

4. FEEDBACK FROM NEW PRIORITY SUB-GROUPS

Promoting Physical Activity:

Carrie Reynolds said the group has recently met up and the main focus is ensuring people know what physical activity is available. The group has been trying to understand participation levels and what the barriers are to activity and if there are any gaps in services offered and how they can find solutions to this. They have been gathering data from various organisations such as Sport England and Active Sussex. People with mental health have a big barrier to activity and they have discussed looking at creating simple pathways to provide better communication between GPs and social prescribers. At the next AWHP meeting the group will gather the information found to update the partnership. **Hilary Spencer** suggested championing these papers to LCN groups. **Carrie Reynolds** noted that Michaela Hawkes has been a great communication link from LCNs especially at GP surgeries.

Social Isolation:

Holly Yandall said there has been no meet since the last meeting. They have established that there are already a lot of services out there already and the focus has been to see how people access these services and how the group can add value rather than duplicate them. The group is currently waiting for county wide data on social isolation. Work is developing on the Public Health Board in April, so they are also waiting on this information.

5. WEST SUSSEX PATHFINDER ALLIANCE – UPDATE

Maxine Thomas introduced herself as the new manager for Coastal west Sussex MIND and gave a brief update of the West Sussex Pathfinder Alliance. There will be a launch of this service in April (please find attached to these minutes)

6. PUBLIC HEALTH, HEALTH & WELLBEING BOARD & JSNA (JOINT STRATEGIC NEEDS ASSESMENT - UPDATE)

Jacqueline Clay gave a presentation on the Health & Wellbeing Board (**please find attached to these minutes**)

Hilary Spencer commented that now the consultation has ended it will be interesting to see what emerges from the final strategy.

Jacqueline Clay gave a presentation updating the partnership on the JSNA (**please find attached to these minutes**)

Hilary Spencer said it was disappointing to see that the gap between the deprived and non-deprived is increasing.

Russell Tooley re-emphasized his earlier comment about Arun Wellbeing's focus for the future on deprived wards and how the service is planning on doing more outreach work to reach these communities. He also mentioned how Arun District Council is in the early stages of looking to develop a project at Chilgrove House in the Wick area in the Highfields Estate. Wilmont Dixon who are building the new leisure Centre in Littlehampton (The Wave) want to leave the town with a legacy so will be putting in a new kitchen at the Chilgrove house to modernise it. They hope to raise the standards for those residents and develop a mini hub delivering different services to the residents, such as housing advice and health and wellbeing support. He welcomed and encouraged other organisations to get involved.

Hilary Spencer said it was important to offer these residents consistency and find out there aspirations and help them raise them. She also said it was vital that whatever gets set up at Chilgrove is sustainable and gets investment from other agencies.

7. UPDATE ON WSCC BUDGET DECISIONS

Lydia Schilbach gave a presentation on the WSCC budget decisions. (**Please find attached with these minutes**)

Hilary Spencer raised her concerns that the budget cuts will have a big and negative on the homeless.

Jayne Haywood mentioned how she was surprised to see how the impact of universal credit was not in the budget.

Lydia Schilbach said for the latest information to look at the West Sussex County Council website.

8. ITEMS FOR FUTURE MEETINGS

8.1. Physical activity and tackling social isolation – task group updates

8.2 JSNA – areas of focus for future

Hilary Spencer said any future items related to the AWHP priorities would be welcomed

9. ANY OTHER BUSINESS

9.1 **Carrie Reynolds** encouraged the partnership to speak to Sam or Sarah regarding information on exercise referral schemes, subsidised programs and long term health referrals that Freedom Leisure offer. (**Information attached to these minutes**)

9.2 **Holly Yandall** mentioned the Tobacco Strategy launch on 13 March (**Agenda attached to these minutes**)

9.3 **Susan Brigstock- Parker** reminded the partnership about the Regis BIG Event (Leaflet attached in these minutes)

9.4 **Gary Hardley** announced that the Carers Short Breaks tender had been successful. They will be working in partnership to offer this free day break service with Freedom and Coastal West Sussex Mind. This comes in to effect on 1 April 2019. (**Please see poster attached to these minutes**)

9.5 **Claire Dower** commented that now Holly Yandall is taking over from Hilary as Chair of the AWHP, a Vice Chair is now needed. Joy Bradbury-Ball encouraged someone from the voluntary sector to take on this role. Nominations for this role should be sent to Claire Dower before the next meeting.

ACTION: ALL

10. DATE OF NEXT MEETINGS

- Wednesday 26 June, 2-4pm - Committee Room 1 (Pink Room), Arun District Council
- Wednesday 16 October 2-4pm - Committee Room 1 (Pink Room), Arun District Council